

Ready for School. Set for Life.

Partnering with parents and families to help all children stay healthy and succeed in school.



Parent Guide to First Things First Funded Programs

Contact

Do you have parenting questions, or need advice?

Helps families with young children get free answers to their toughest parenting questions.

Birth to Five Helpline

Contact: 1-877-705-KIDS (5437)

Are you a parent or caregiver looking for resources and support?

Provides classes on parenting, child development and problem-solving skills

Northland Pioneer College

Early Childhood Department

Contact: 928-524-7335

Do you want information about your child's physical or oral health?

Nutrition/Obesity/Physical Activity

Improves the health and safety of young children by providing community-based health education on a variety of topics including: healthy food choices and appropriate physical activity.

U of A Cooperative Extension

Apache County Contact: 928-337-2267

Navajo County Contact: 928-524-6271

Oral Health

Decreases preventable oral health problems in young children.

Navajo County Public Health Services

Contact: 928-524-4750

Healthy Steps Developmental & Health Screening

Increase children's access to preventive health care and helps to identify potential learning problems early on.

North Country Healthcare

Contact: 928-537-4301

Want to see how reading and play can help your child learn?

Helps parents support their young child's love of words and books.

Expanded Early Literacy Programs

Navajo County Libraries

Contact: 928-524-4798

Do you need to find a preschool?

Pre-Kindergarten Scholarships increase the number of 3- and 4-year olds enrolled in high quality preschool programs that prepare them to succeed in kindergarten and beyond.

Valley of the Sun United Way

Contact: 1-866-973-0012

First Things First Navajo/Apache Regional Partnership Council

For more information contact:

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Michelle Pansulla, Community Outreach Coordinator mpansulla@azftf.gov Office number: 928-532-5041

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85939, 85940, 85942, 86025, 83028, 83029,
86032 (Navajo/Apache Region Zip Codes)

